

May

2024
Lynn Winkler, MA,
RDN, LDN

Mon	Tue	Wed	Thu	Fri
		1 Italian Chicken Mashed Potatoes Green Bean Casserole Orange Fluff	2 Turkey w/ LS Gravy Herbed Carrots English Peas Wheat Roll SF Jello Parfait	3 Spaghetti w/ Meat Sauce Chopped Side Salad Peaches
6 Beef Stroganoff Egg noodles Herbed Carrots Blueberry Crisp	7 Turkey Pot Roast Mashed Sweet Potatoes Squash & Zucchini Fruit Cocktail	8 BBQ Chicken Mac-n-Cheese Steamed Cabbage SF Vanilla Pudding Parfait	9 Sliced Ham Red Skin Potatoes Steamed Broccoli SF Apple Crisp	 10 Chicken Salad Sliders (2) Lettuce/Tomato Pasta & Veggie Salad Mixed Fruit Salad
13 Pork Roast LS Gravy Mac & Cheese Normandy Blend Veggies Applesauce	14 Chopped BBQ Veggie Pasta Salad Green Beans Wheat Roll SF Orange Fluff	15 Braised Beef Mashed Potatoes Chopped Side Salad SF Vanilla Pudding Parfait	16 Baked Chicken Tenders Sweet Potato Wedges Gravy Green Beans Peaches	17 Meatloaf Red Skin Potatoes Green Beans SF Chocolate SF Pudding Parfait
20 Chicken Alferdo w/ Noodles Side Salad Fruit Cocktail	21 Beef Pot Roast w/Gravy Mashed Cauliflower Herbed Carrots Mixed Fruit Salad	22 Chicken & Dumplings California Blend Vegetables SF Jell-O Parfait	23 Chopped BBQ Veggie Pasta Salad Green Beans Wheat Roll SF Orange Fluff	24 Hamburgers Sliced Onion Lettuce/Tomato Wheat Bun Home Fries SF Banana Pudding
27 CLOSED Memorial Day	28 Chicken Filet Sandwich Wheat Bun Lettuce/Tomato Sweet Potato Wedges Pears	29 Chopped BBQ Veggie Pasta Salad Green Beans Wheat Roll SF Orange Fluff	30 <u>Vegetable Plate</u> Pinto Beans Chopped Onions Turnip Greens Coleslaw SF Jell-O Parfait	31 Chicken Pot Pie Peas & Carrots Chopped Side Salad Peaches